

SACHDEVA GLOBAL SCHOOL

ACTIVITY PLANNER - JULY 2019

CLASSES : III - V

MON	TUES	WED	THUR	FRI	SAT	SUN
1 Computer - Making Kaleidoscope Image in Paint (Class III)	2 Math - Drawing Hands of the Clock (Class IV)	3 EVS - Collage Making on Freedom Fighters (Class V)	4 Pranayam (Class III-XII)	5 Math - To Count Edges and Corners of a Folded Square Sheet (Class III)	6 S A T U R D A Y	7 S U N D A Y
8 Prelims of Inter House Science Quiz (Classes III - V)	9 English - Recitation on : The Rumbles The Wind (Class IV)	10 Inter House Rope Skipping Competition (Class III-V)	11 Assembly - Population - The Biggest challenge Today (Class IX-A)	12 Computer - Create a PPT on "5 Great IT Personalities" (Class V)	13 S A T U R D A Y	14 S U N D A Y

MON

TUES

WED

THUR

FRI

SAT

SUN

15

कविता वाचन :
कक्कू
नाना – नानी के
नाम
(Class III)

16

EVS -
Collage on Life
Cycle of bird and
Butterfly
(Class IV)

17

Inter house -
Science quiz
(Classes III-V)

18

Assembly -
Silence is Consent
(Class IX B)

19

English -
Recitation on :
Superior,
I Had a Dove
(Class V)

20

Inter House
Table Tennis
&
Chess
Competition
(Classes III - V)

21

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22

EVS -
Collage Making on
Means of
Transport and
Communication
(Class III)

23

कविता वाचन :
मन के भोले भाले
बादल,
कोई लाके मुझे दे
(Class IV)

24

Prelims of Inter Class
Sudoku Competition
(Classes III - V)

25

Assembly -
Health :
A State or Way of
Life
(Class IX C)

26

Math -
Fitting up
Equilateral
Triangles in a Given
Shape
(Class V)

27

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MON

TUES

WED

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SUN

29

English -
Recitation on :
Wish at Meal

Time,
Being Kind
(Class III)

30

कविता वाचन –
खिलौने वाला
बाघ आया उस
रात
(Class V)

31

Inter Class
Sudoku
Competition
(Classes III - V)

CO - CURRICULAR ACTIVITIES

AEROBICS	CLASS III - ON THE SPOT WARMING UP EXERCISE	MASS PT EXERCISE ON COUNTS
	CLASS IV - SIMPLE STEPS TOUCH	DOUBLE STEP TOUCH V RIGHT & V LEFT
	CLASS V - SINGLE STEP TOUCH WITH ARMS MOVEMENT	
	DOUBLE STEP TOUCH WITH ARMS MOVEMENT	
	V RIGHT & V LEFT WITH ARMS MOVEMENT	FORWARD & BACKWARD STEPS ON COUNT
DRUMS	INTRODUCTION OF STAFF NOTATION AND CLEF	SINGLE STROKE PRACTICE
GUITAR	INTRODUCTION OF GUITAR CHROMATIC FINGER EXERCISE	ALTERNATE PICKING PRACTICE
INDIAN DANCE	BENEFITS OF LEARNING CLASSICAL DANCE TATKAR, TORA, TIHAI AND KAVIT IN KATHAK STEPS OF KATHAK IN SARASWATI VANDANA	HISTORY OF KATHAK ASAMYUTA HASTA
INDIAN VOCAL MUSIC	PRACTICE OF FIRST SIX ALANKARS RAAG KHAMAJ (CHOTA KHYAL)	THEORY : NAAD AND SWAR PRAYER : HUMKO MANN KI SHAKTI
PIANO	FINGER NUMBER AND KEY RECOGNITION	REVISION
WESTERN DANCE	SONG FOR THE MONTH - I AM BLUE WORKING ON HAND AND LEG CO-ORDINATION	TAPPING
WESTERN VOCAL MUSIC	PHARYNGEAL & HUMING EXERCISE	SONG - WHEN THE SUN SHINES
YOGA	IMPORTANT GENERAL INSTRUCTION URIKSHASANA	ANULOMA - VILOMA PRANAYAM VAJRASANA SURYA NAMASKAR